

Becker's Hospital Review¹

100 hospitals with great women's health programs | 2014

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Becker's Hospital Review has named the following organizations to the 2014 edition of its annual list, "100 hospitals with great women's health programs."

These hospitals all offer outstanding health services geared toward women, such as gynecology, obstetrics, women-focused heart care and women-focused cancer care, among other women's health needs.

Hospitals were selected for this list based on clinical accolades and recognition for women's health excellence from various healthcare groups and agencies. Those agencies include *U.S. News & World Report*, Healthgrades, CareChex and UNICEF's Baby-Friendly Hospital Initiative.

- 1. Cedars-Sinai Medical Center (Los Angeles).** Each year, roughly 7,000 women deliver their children at Cedars-Sinai Medical Center, which equates to more babies being born there than in any other California hospital. The hospital has several centers for different aspects of women's health, including the Barbra Streisand Women's Heart Center and the women's Continence and Pelvic Health Center. The hospital also offers a Women's Cancer Program, which includes gender-specific cancers and other cancers that affect women differently than men. Cedars-Sinai has been nationally recognized many times for its excellence in women's health, including receiving the Women's Health Excellence Award from Healthgrades in 2014 and being ranked nationally for gynecology by *U.S. News & World Report*.
- 2. City of Hope (Duarte, Calif.).** Physicians and researchers who have a commitment to increasing the understanding of breast and gynecologic cancers come together through the women's cancer program at City of Hope. The hospital's women's cancers program is the only one in the country to offer a biopsychosocial approach to care, focusing on the disease and the biological, psychological and social factors that significantly affect women who are battling cancer. The program is also one of only a few in the country to routinely use intraperitoneal chemotherapy to treat certain types of gynecologic cancer. City of Hope was named one of the top 50 hospitals for gynecology by *U.S. News & World Report* for 2014-15.
- 3. El Camino Hospital (Mountain View, Calif.).** For more than 50 years, El Camino Hospital has been providing its services in the South San Francisco Bay area. The hospital is home to a breast health center, which is one of the largest breast screening centers in northern California and is an FDA Certified Mammography Facility. Additionally, *U.S. News & World Report* named El Camino Hospital one of the top 50 hospitals for gynecology in the nation for 2014-15.
- 4. Hoag Memorial Hospital Presbyterian (Newport Beach, Calif.).** Hoag Memorial Hospital Presbyterian is home to the Hoag Women's Health Institute, nationally recognized for its specialized breast care, gynecological care and maternal child services. The institute is certified

¹<http://www.beckershospitalreview.com/lists/100-hospitals-with-great-women-s-health-programs-2014.html>

as a Baby-Friendly birth facility by Baby-Friendly USA. Hoag is also a Certified Quality Breast Center of Excellence according to the National Quality Measures for Breast Centers and a Center of Excellence in Minimally Invasive Gynecology according to the American Association of Gynecologic Laparoscopists. Hoag was named high-performing in gynecology in the 2014-15 *U.S. News & World Report* rankings.

5. **John Muir Medical Center (Walnut Creek, Calif.).** Breast health services, pregnancy and new parent services, and women's continence and pelvic health services are just a few types of the women-focused care offered at John Muir Medical Center. The 572-licensed bed hospital also specializes in high- and low-risk obstetrics. John Muir was ranked within the top 100 on two lists; the 2014-15 *U.S. News & World Report* list for gynecology (No. 28) and the CareChex list of America's Top Quality Hospitals 2015 for women's health (No. 27). John Muir Health is also recognized as a Certified Quality Breast Center of Excellence by the National Consortium of Breast Centers.
6. **Kaiser Permanente Orange County-Anaheim (Calif.) Medical Center.** Kaiser Permanente has hospitals all over but the Orange County-Anaheim Medical Center is particularly renowned for its women's services. At the Anaheim hospital, women have access to healthcare assessments, pregnancy and maternity care, gynecologic services, reproductive infertility services, minimally invasive surgery and major subspecialties such as urogynecology, gynecologic oncology, reproductive endocrinology and maternal-fetal medicine. Anaheim Medical Center is certified as a Baby-Friendly birth facility by Baby-Friendly USA and was ranked in the top 100 hospitals for women's health by CareChex for 2015. It was also recognized as high-performing in gynecology by *U.S. News & World Report* for 2014-15.
7. **Providence Holy Cross Medical Center (Mission Hill, Calif.).** Providence Holy Cross has 377 beds and offers women's and children's services and provides a Level II trauma center. Its women's services include prenatal and postnatal care and education programs, maternity services and perinatology specialists, outpatient diagnostic center, and health and wellness education programs. Providence Holy Cross Medical Center is designated as a Baby-Friendly facility by Baby-Friendly USA and received the 2014 Women's Health Excellence Award from Healthgrades.
8. **Ronald Reagan UCLA Medical Center (Los Angeles).** The UCLA Medical Center was given Ronald Reagan's name in 2008 with a brand new 10-story facility. The new facility includes a unique birthing environment for mothers, called "The Birthing Place," which allows them to stay in a home-like setting that can transform into an operating room for delivery. In addition to "The Birthing Place," UCLA Medical Center provides some of the top women's healthcare in the nation: *U.S. News & World Report* ranked UCLA Medical Center as 11th in the nation for gynecology for 2014-15. The center provides women with prenatal care, obstetrics and gynecology services, family medicine, maternal-fetal medicine and pelvic healthcare. It also operates nine OB/GYN outpatient facilities.
9. **Scripps La Jolla (Calif.) Hospitals and Clinics.** Scripps La Jolla Memorial Hospital offers a wide range of clinical, surgical and specialty services. Scripps' women's health services include obstetrics and gynecology, maternity services and breast care. Scripps La Jolla Hospitals and Clinics were named one of the top 50 hospitals for gynecology by *U.S. News & World Report* for 2014-15. Scripps La Jolla was named one of the nation's top 100 hospitals for women's health in CareChex's 2015 rankings.
10. **Stanford (Calif.) Health Care.** Stanford Hospital & Clinics became Stanford Health Care in July. It has 613 licensed beds, 49 operating rooms and 1,450 faculty physicians. Construction on

a new 824,000-square-foot hospital is underway, slated to open in 2018. Stanford Health Care offers a women's cancer center for breast and gynecologic care. Women have access to cancer nutrition services, social workers, genetic counselling and survivorship and support programs. Stanford Health Care also offers a women's heart health clinic with specialized diagnostic evaluation of heart conditions and risk management through counselling, among other services. Stanford Hospital & Clinics (now Stanford Health Care) was ranked 20th in the nation in gynecology by *U.S. News & World Report* for 2014-15.

- 11. Sutter Medical Center (Sacramento, Calif.).** Sutter Medical Center is the heart of the Sutter Health network in northern California. It is comprised of three hospitals: the 306-bed Sutter General Hospital, the 346-bed Sutter Memorial Hospital and the 69-bed Sutter Center for Psychiatry. Sutter General Hospital was recognized by Healthgrades in 2014 with the Women's Health Excellence Award. Sutter Medical Center was designated as Baby-Friendly by Baby-Friendly USA and is ranked as high performing in gynecology by *U.S. News & World Report's* 2014-15 rankings. Sutter Memorial is known as Sacramento's baby hospital and has delivered more babies than any other hospital in the area. Sutter Medical Center provides an array of women's health services including preventive care, women's imaging centers, gynecologic surgery, integrative and holistic health and a program to provide women with
- 12. University of California Davis Medical Center (Sacramento).** The University of California Davis Medical Center serves a surrounding area of 65,000 square miles. The 619-bed acute care teaching hospital is a Level I pediatric and adult trauma center. Women's Choice Award named it one of the best heart care hospitals in the nation this year. It also ranks in the top 50 hospitals for gynecology, according to *U.S. News & World Report's* 2014-15 rankings. Its women's clinic offers gynecologic care and maternity services. In addition to reproductive surgeries, the center also provides reproductive cancer care in a National Cancer Institute-designated cancer center. There, clinicians provide cancer genetics risk assessments and conduct research in women's health.