

Edinburg Postpartum Depression Scale (EPDS) Referral Algorithm

← LOW	MODERATE	HIGH	CRISIS →
EPDS Score <10	EPDS Score 10-12	EPDS Score ≥ 13	Question #10 ≥ 2
Normal fluctuations in mood at this time	At risk for depression or anxiety at this time	Likely suffering from depression or anxiety at this time	Thoughts of self-harm; at risk to self or others
ACTION PLAN			
<ul style="list-style-type: none"> • Provide education regarding risks, signs and symptoms, avoidance, and incidence (written, verbal) • Continue to monitor regardless of score 	<ul style="list-style-type: none"> • Discuss results • Provide education • Notify OB provider • Social Worker referral 	<ul style="list-style-type: none"> • Discuss results • Provide education • Notify OB provider • Social Worker referral 	<p><u>Immediately:</u></p> <ul style="list-style-type: none"> • Notify OB provider • Notify Social Worker and enter referral • Notify Operations Supervisor