

Edinburgh Postnatal Depression Scale Referral Algorithm

All postpartum patients will be screened prior to discharge
Edinburgh Postnatal Depression Scale (EPDS) is completed and score documented in the medical record

**EPDS Score
< 10**

- Normal/Negative Screen** - likely not suffering at this time
- Provide verbal and written education about risks/incidence
 - Use clinical judgement regardless of EPDS score

**EPDS Score
10 -12**

- At-Risk for Depression and/or Anxiety**
- Discuss results and provide education
 - Social Work referral and notify OB Provider
 - **Social Worker** – screen patient for additional needs

**EPDS Score
≥ 13**

- Positive Screen** - likely suffering from depression and/or anxiety
- Discuss results and provide education
 - Social Work referral and notify OB Provider
 - **Social Worker** – complete Maternal Child Assessment

**> 0 on
Question
#10**

- Maternal Crisis** - At risk of harm to self or others
- Social Work referral and notify OB Provider immediately
 - **Social Worker** – complete Mental Health Assessment

A variety of community resources may be available, from support groups to psychiatric treatment for mothers suffering from a perinatal mood and anxiety disorder. Please refer to your facility's Maternal Mental Health Resource Guide.