

SHARP Grossmont Hospital

Aim Statement

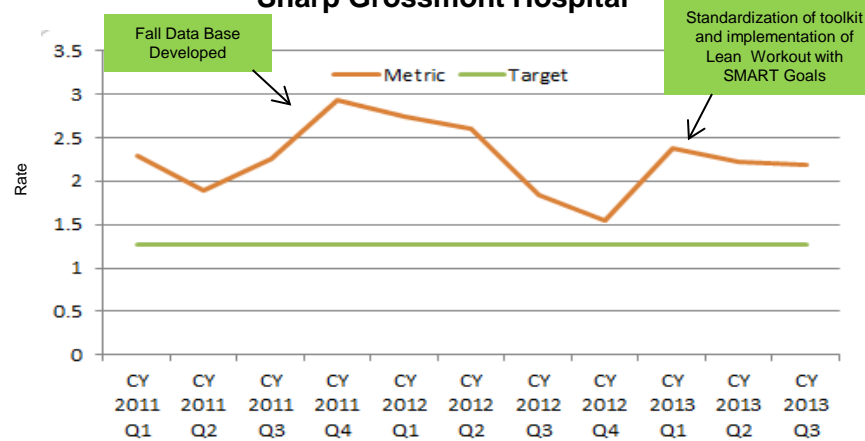
- **Currently:** Q2 of FY 13, SGH reported 2.61 falls/1000pt days, 50th Percentile.
- **Short Term Aim:** By the end of FY 2014, amid all units reporting to CALNOC, SGH will be among the top 25th percentile for All Hospital Falls/1000 Pt. Days.
- **Long Term Aim:** By the end of FY 2015, amid all units reporting to CALNOC, SGH will be among the top 5th percentile for All Hospital Falls/1000 Pt. Days.

Changes Being Tested (T), Implemented (I) or Spread (S)

- Standardization of Fall Toolkits (I)
- Multidisciplinary education (S)
- Unit Specific Reward and Recognition (I)
- Staggering of CNA and RN shifts to reduce falls at change of shift (T)
- Data driven decisions to support implementation of action items (I)
- Development of quarterly unit-based SMART goals (I)
- Standardization of Activity Communication Tool (S)

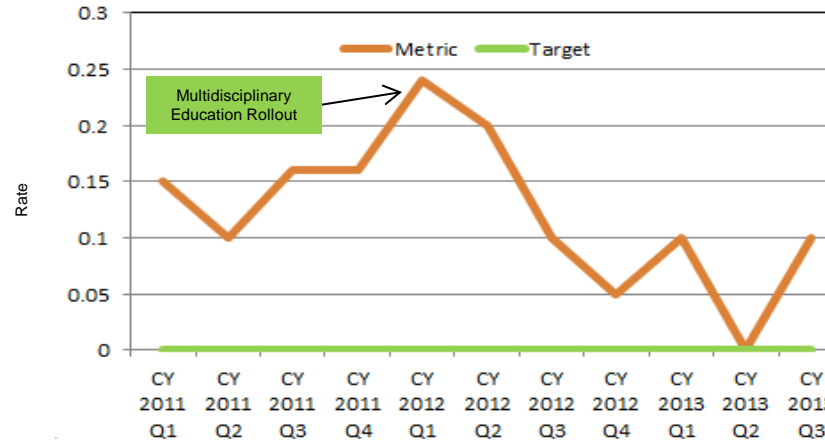
Results

**CaINOC Unassisted Falls (Per 1000 Patient Days)
Sharp Grossmont Hospital**



Statistically significant change when comparing pre-intervention period (2011 Q1 through 2012 Q2) to post-intervention period (2012 Q3 through 2013 Q3). Chi-square test: P = 0.043676.

**CaINOC Falls w/ Injury (Injury Falls #/1000 Pt Days)
Sharp Grossmont Hospital**



Statistically significant change when comparing pre-intervention period (2011 Q1 through 2012 Q2) to post-intervention period (2012 Q3 through 2013 Q3). Chi-square test: P = 0.042965.

Lessons Learned

- Managers and Fall Liaisons needed additional support and education in learning to create attainable, unit-based action plans in SMART goal format.
- A gap in nursing knowledge was identified regarding education, skill level and competency of Physical Therapists. Educational information was provided to improve confidence and partnership.

Recommendations and Next Steps

- Collaborating with Physical Therapy has improved nursing confidence in specialty and overall collaboration.
- Individual meetings with Nurse Managers and Fall Liaisons to develop SMART goals has helped Fall Prevention Committee members grow professionally.
- Sponsor assisting with the accountability of Nurse Manager/Fall Liaison monthly report outs helps keep focus on fall prevention efforts.

Team Members

- **Tametha Stroh**, Senior Leader Sponsor
- **Stephanie Brooks**, Senior Specialist
- **Lindsey Ryan**, Clinical Nurse Specialist
- **Tracy Plume**, Taskforce Co-Chair
- **Gina Tucker**, Taskforce Co-Chair
- **Kiah Young**, Admin. Support
- **Martha Ball**, Data Collection Analyst